

HEMS

Remember that a knit-in hem will always show somewhat. It can only be shortened or lengthened with difficulty. Picking up the stitches from the cast on edge and hanging on their corresponding needles is called "hanging" the hem.. Always check that both under and outer edges of the hem are equal, as this will cause hems to curl. Due to the tension changes it will be necessary to knit 1 extra row when using open edge cast on. On sleeve hems, knit from top down. After removing from the machine, run a knitting needle through the hem to "set" the stitches. Hem may also be steamed, if you are using wool.



1. THE PLAIN HEM

- a. Cast on 15 sts. using either a permanent edge or scrap yarn and ravel cord.
- b. Knit the underside of the hem (10 rows 2 full tensions tighter than the garment.
- c. Make a turning ridge by knitting 1 row at tension 10 (regardless of tension being used) for stockinette stitch or knit 1 or 2 rows at 4 tensions tighter than the garment if the purl side is to be used as the right side.
- d. Knit the second half of the hem (10 rows) 1 tension tighter than the garment.
- e. Pick up the cast on stitches and hang on their corresponding needles.
- f. After checking all stitches, knit 1 row at 3 full tensions higher than the garment.

